



## INGREDIENTS

SERVES 1



**1 Scoop**

XS Watermelon Muscle Multiplier



**¾ Cup**

Purified Water



**½**

Orange, with skin



**1 Tablespoon**

Extra Virgin Olive Oil



**1**

Celery Stalk



**1 Cup**

Frozen Watermelon

# WATERMELON POWER SMOOTHIE

with XS™ Muscle Multiplier

MUSCLE MULTIPLIER





## XS MUSCLE MULTIPLIER

### BUILD LEAN MUSCLE, INCREASE STRENGTH AND REDUCE BODY FAT\*\*

Experience more with XS Muscle Multiplier\*\* supplement, made with a unique blend of clinically studied Essential Amino Acids (EAAs) and L-Arginine to help you increase lean muscle while reducing body fat.\*\* No matter your fitness level, XS Muscle Multiplier\*\* makes every workout count.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

\*\*When combined with regular weight/resistance training and a healthy, balanced diet.

## BUST OUT

- Measuring Cups
- Tablespoon
- Blender
- Knife

## GET SOCIAL

Share your finished recipe pics with us @XSNation



### 1 COMBINE INGREDIENTS

- Place all ingredients into a blender



### 2 BLEND

- Blend and process until smooth.



### 3 SERVE AND ENJOY

- Drink immediately.